



The best activities guide around!

FEBRUARY 2007



Hob Nob Inn Asian Buffet Night – 2nd
CZCC Black History Lunch Buffet – 2nd

Super Bowl Party XLI – 5th
CZCC Valentine's Day Gourmet Dinner – 9th

CZCC Valentine's Day Buffet – 13th

YS Nozawa Ski Resort – 19th

Valentine's Day

Gourmet Dinner

Experience elegant dining at its finest.

Friday, 9 February
6 pm in EDA's
\$65 per person
\$120 per couple

Cold Appetizers

Terrine de Smoked Salmon and Leek
Green Sauce and Tomato Fondue

Hot Appetizer

Roasted Duck Breast Raspberry
Vincot Sauce

Soup

Bouillabaisse

Salad

Tomato Fancy with Turnip Salad

Entree / Poisson

Grilled Lobster Medallion Creamed Cider

Sorbet

Mango Sorbet

Entree / Viand

Grilled Filet Mignon Steak, Red Wine Sauce
Seasonal Vegetables

Dessert

Saint Valentine Aux Mille-Feuille De Crepe
Aux Fraises with Chocolat

For more information, 263-4547



*Happy
Valentine's Day*
FEBRUARY 14



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation,

and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

Good news for you incurable romantics (you know who you are) -- the Camp Zama Arts and Crafts Shop will help you express your innermost and utmost feelings with a wide variety of Valentine items. And -- better yet, they'll deliver them right to the doorstep or office desk of your favorite person. Balloons and more balloons, rose bouquets, Teddy Bears, printed cups, miniature laced red heart pillows and gift boxes with ribbons are available for purchase which can be delivered to Camp Zama, SHA and Sagami Depot for a nominal delivery fee.

See the Arts and Crafts Shop information on page 19 for details.

This month's Bugle cover shows the Arts and Crafts Shop Hobby Craft instructor Tsuyoshi Yajima preparing a helium filled Garfield character balloon for a customer and some of the various Valentine items for sale. Check with the staff about other means of expressing yourself with an original design T-shirt or a mounted plaque or a specially cut fancy mat in your choice of a beautiful wooden custom picture frame with your photo.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.



"See the Bugle for the advertisement".

T

anning booth.

The Yano Fitness Center has two tanning booths. Hours: Monday thru Friday, 6:20 am - 6:25 pm and weekends from 10:05 - 5:35 pm. Purchase a one session card for \$2.50, ten sessions for \$20 or twenty sessions for \$35 (you must be at least 18 years old).

■ Sports Office • 263-3954/4664

TENNIS LESSONS

Tennis lessons are being offered by appointment bases only. Individual lessons are \$18 per hour and group lessons are \$12 per hour. For more information, call 263-7979/4664.

AQUA MASSAGE

Yano Fitness Center offers aqua massage, \$5 for 15 minutes. You must be at least 18 years old.

YOGA

• *Hatha Yoga* is now being offered at the Yano Fitness Center. Morning and afternoon classes will be gentle yoga,

and evening classes will be yoga flow for a more vigorous practice.

Sundays: 3:30 pm

Mondays and Wednesdays:

5:15 pm

Tuesdays and Thursdays:

10:30 am and 5:15 pm

The cost is \$6 per session or \$20 for a 4 session card.

MASSAGE

• *Shizuka's Massage Therapy*

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least 21 years old). For more information, call 263-4664/3954.

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

The Yano Fitness Center
RACQUETBALL LEAGUE
5 February - 31 March
FREE

- Units and organizations in the Camp Zama, Sagami Depot and Sagami Hara Housing Area are eligible to enter (open to all 18 years of age or older and not in high school).
- An organizational meeting will be held on Wednesday, 31 January, 3:30 pm at the Yano Fitness Center.
- Entry deadline is Thursday, 1 February, 3:30 pm.
- Commander's Cup points will be awarded.
- For more information, call 263-7980/4664.




PING PONG
TOURNAMENT
Saturday, 24 February, 10:30 am
FREE

- All SOFA status personnel, military retirees, JGSDF, and MLC employees (18 years of age or older and not in high school) within the Camp Zama Community are eligible to participate.
- The type of play will be determined by the number and type of entries.
- Please register at the Yano Fitness Center issue counter by Thursday, 22 February, 8:30 pm.
- There will be a men's and women's division.
- Commander's Cup points will be awarded.

For more information, call 263-7980/4664 or e-mail: andrew.abear@us.army.mil

ATTENTION:

Yano Fitness Center Operating Hours Change

Effective 8 January, operating hours for the Yano Fitness Center have been extended 30 minutes. The facility is now open until 9 pm, Monday - Friday.

- **Yukari's Soft-Chiropractic Massage**

Japanese Physiotherapy with "Yukari" is available on Fridays, 5:30 - 8:30 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least 21 years old). For more information, call 263-4664/3954.

- **Jacuzzi, Steam Room and Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance.

AQUATICS

- **Training Reservations for Swimming Pool**

If you are considering utilizing the Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations, submit the reservation request no less than two weeks in advance. Forms can be e-mailed upon request.

Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water survival Training, Water

Aerobics, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (free for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, call 263-5656/4664.

- **Age Policy for the Pool**

Children 12 years of age and below are NOT permitted in the pool unless accompanied by, and under the direct supervision of, a parent or guardian. Children 13 and older have access to the pool without parental supervision. Exception: children participating in a special program organized and conducted by Aquatics, CY5, the schools, or other authorized youth organizations may participate under designated adult supervision.

LEARN-TO-SWIM PROGRAM

The Spring Learn-to-Swim Program will begin in February. Registration is taken at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of each session. Youth and adult classes offered. See flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may cancel based on staffing availability and/or participation at specific locations, times, and levels.

For more information, call 263-5656/4664.



Lifeguard Training Course

Course dates: 5 - 28 February

Registration Deadline:
2 February

Mondays, Wednesdays,
and Thursdays: 5:30 - 9 pm
Saturdays: 8 am - 5 pm

All days and times are
inclusive in the course.
See flyer for prerequisites,
required materials,
and cost.

For more information, call
263-5656/4664.



WATER AEROBICS

Water Aerobics Classes:

Tuesdays and Thursdays, 9 - 10 am

Mondays, Wednesdays, and Fridays, 6 - 7 pm

See flyer for specific details and cost.

For more information, call 263-5656/4664

AER /

Financial / Employment,
263-HELP (4357).
The ACS Financial
Readiness Program offers
a variety of services such
as financial education,
budget assistance and
personalized budget
counseling, plus a host of
other finance support
programs. This program
was created to enhance
and maintain mission
readiness and quality of
life by providing Soldiers
and their family members
a ready-made program to
help achieve personal
financial readiness
through the use of sound
money management.

■ Army Community Service • 263-8327

RELOCATION READINESS 263-HELP (4357)

• *Newcomers Train Class, Parts I and II*

Part I: 15 February, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 17 February, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• *English Teachers Network*

26 February, noon - 1 pm, ACS Outreach Room, Bldg. 402. Find out how to recruit students, what fees to charge, where to find teaching materials and more.

• *Shopping on the Economy*

22 February, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story ¥100 shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

• *English as a Second Language*

We are looking for a volunteer to teach this class once a week. Day and

time negotiable. See Mardy Clark for more information.

• *Knitting and Crocheting Class*

Every Tuesday from 9:30- 11:30 am, ACS Outreach Room, Bldg. 402 (for all levels).

• *Japanese Language Class*

Every Wednesday from 10 am - noon, ACS Outreach Room, Bldg. 402. Taught by a native Japanese speaker.

• *Sponsorship Training*

Every 2nd Thursday of every month from 1:30 - 2:30 pm, ACS Outreach Room, Bldg. 402. Mandatory for all personnel assigned as a sponsor. Unit training is available upon request.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact Edward Chinneth at 263-8089 to schedule your unit pre-deployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

• *Pre-deployment and Ongoing Readiness Training, 263-HELP (4357)*

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

• *Deployment Readiness Support Group, 263-HELP (4357)*

If your spouse is deployed, then ACS is looking for you! The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg 402.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with family members with special needs. It is important for spouses to enroll their family members to ensure their family members receive the best possible care at their existing and future duty assignments.

NEWCOMER'S ORIENTATION

Tuesday, 13 February, 8 am - 4:30 pm • Army Community Service, Bldg #402

- Opening welcome by the Command Group and overview of different programs and services presented by various representatives.
- **"Taste of Japan"** luncheon provided at the Camp Zama Community Club; sponsored by KDDL.
- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).



"See the Bugle for the advertisement".

If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the family member which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4785.

COMMUNITY LIFE OFFICE 263-HELP (4357)

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer, contact your Army Volunteer Corps Coordinator.

ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

To submit an AFAP issue, log onto

NEW PARENT SUPPORT PROGRAM

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive playgroup for parents and children aged birth to 6 years. Held Tuesdays 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, 4th Thursday, 9:30 - 11 am, at SHA CDC.
- **Breast Feeding Support Group** is held Tuesday, 8 February, 9:30 - 10:30 am, at ACS, Bldg 402.
- **Baby Love Seminar:** "Exceptional Family Member Program and You" held during February Play Morning.
- **Baby Bundles** Information and supplies for new and expectant parents and electric breast pumps are available by calling the NPSP, 263-4357 or email stacey.davis@us.army.mil.
- **Community Parenting Workshop** "Child Growth and Development Birth - 3 years" held on 26 February, 9 - 10 am at ACS Bldg 402. Preregister by COB 23 February.



<http://www.mwrjapan.jp.pac.army.mil/> and click on "Submit a 2006 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

INFORMATION AND REFERRAL 263-HELP (4357)

Information and Referral (I&R) has finalized the ACS-Resource Contact Information Database, which provides information on services, agencies and organizations of most military bases throughout Japan.


This database is accessible at <https://intranet.zama.army.mil/>. First click on the USAGJ icon, then the Morale Welfare and Recreation icon and finally the ACS-Resource Contact Information icon (deselect the pop-up blocker security setting). I&R also provides maps at local, public, private and voluntary agencies and organizations at Camp Zama, military installations throughout Japan, and the local Japanese economy. I&R provides a vital link between people who need help and the organizations which provide that help.

Family Advocacy Program, 263-HELP (4357)

The Family Advocacy Program provides services that support military families. The programs are designed to prevent family violence and sexual assault. Anger Management workshop will be offered 6 and 13 February, 1 - 3 pm at ACS, Bldg 402. This two part training is designed for those who would like to gain tools and techniques for managing anger effectively. A Couples Communication Workshop will be offered 12 February, 3:30 - 5 pm. All classes are free and require preregistration. Please contact ACS at 263-8327 to register. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-8327. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be provided. Contact Leticia Trimble-Smith at 263-8327 for additional information about domestic violence restricted and unrestricted reporting.

Sexual Assault Prevention and Response Program (SAPRP) — This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who is sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-8057 or the on-call Unit Victim Advocate at 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-8327 or 080-5080-0430.



■ Paid Advertisements

“See the Bugle for the advertisement”.

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“See the Bugle for the advertisement”.

I

t is now time to
renew your GHIN
membership for 2007. All
subscribers have been
deactivated. Please pay
the \$20 fee in the golf
shop to activate your
GHIN membership. The
Junior fee for 2007 is \$10
(17 and under).

■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

2007 MAJOR TOURNAMENT SCHEDULE

Zama Masters: 21 - 22 April
Club Championship: 13 - 14 October
Zama Open: 17 - 18 November
Please mark your calendars and get
your handicaps established.

TOMODACHI DAYS

Tomodachi Days in February are as
follows:

2 February - Friday
9 February - Friday
16 February - Friday
23 February - Friday

Your Japanese guests (up to three)

can play with you for the low fee of
¥4,000 plus cart. This is a signifi-
cant savings over the regular rate
of ¥10,000. Check with starters for
available tee times.

CONSTRUCTION UPDATE

• Clubhouse Renovation

The contract to renovate the club-
house is underway with a scheduled
completion date of 7 May. Phase I
includes the new locker room addi-
tion, the new cart storage facility and
a new stairway to the upper park-
ing lot. During phase I, golf car traf-
fic from 9 to 10 will be rerouted
through the parking lot. The cart
path project is also underway. We
appreciate your patience during
these projects.

The Proper Way to Repair a Ball Mark



- 1 Use a prolonged ball mark repair tool (preferably, locate, key or rat).
- 2 Insert at the edges of the mark- not the middle of the depression.
- 3 Bring the edges together with a gentle twisting motion, but don't lift the green. Try not to tear the grass.
- 4 Smooth the surface with a club or foot. Try to close what it's a surface that you would putt over.



Source: Golf Course Superintendents Association of America

Please repair ball marks on the green. A ball mark that is repaired
correctly heals in a few days. If it is not repaired, or is repaired
incorrectly it will be visible for weeks.

ATTENTION

Due to the construction of cart paths,
the back 9 of the Zama Golf Course will
be closed to carts during the period
19 January - 28 February. Walking the
back 9 during this period is permitted.
The construction schedule may change,
so please call 263-4224 for updated
information.

C a m p • Z a m a • G o l f • C l u b

"TOTAL VISION"

...Video Instruction...

Cost is \$75

(includes a take home video tape)

Zama Golf Club announces Computer
Swing Analysis using "Total Vision"!
Spend an hour with the pros for a
detailed analysis of your golf swing
using the latest computer technology.

Call Dale Jorgenson at 263-4224 for an appointment.



Picture shows the capability of the "Total Vision System"

■ School Age Services • 267-6317

Parents: School Age Services would like to welcome you and your child to our "Before and After School Program". The SAS Program supports working families who are in need of school age care. We offer structured educational, developmental and recreational activities to enhance the development of children ages 6 - 12. A few activities offered are: computer lab, arts and crafts, indoor / outdoor activities and sports, homework as-

sistance, 4H Clubs, Boys and Girls Club Programs and much more.

February's Theme are:

Cultural Awareness
Black History Month
National Children's Dental Health Month

Character Counts: "Respect"

Parents: you can earn parent par-

ticipation points; please come and help support the Parent's Advisory Council. We meet every third Thursday each month in Bldg 337 at 5 pm. Parent volunteers are always welcome.

If you want to register your child please stop by the Central Registration Office in Bldg 533 on Camp Zama. Please call 263-4125 for information at CRO or 267-6013 at SAS Bldg 337 on SHA.

■ Child Development Center • 267-6564

SAGAMIHARA HOUSING AREA

• Closed

* Friday, 16 February (CYS training).

* Monday, 19 February (President's Day).

• **SHA CDC PAC Meeting** (for patrons only) will be held on Wednesday, 14 February, 4 - 4:45 pm, at the SagamiHara Housing Area Child Development Center.

• **FAT Tuesday**

Tuesday 20 February, 4:30 - 5:40 pm. Parents are invited. Mardi Gras food and celebration.

For more information, please phone Heather O'Leary, 267-6348.

ZAMA CHILD DEVELOPMENT CENTER

• Closed

* Monday, 19 February (President's

Day).

• **PAC Meeting**

Will be held on Wednesday, 14 Feb-

ruary, 4 - 5 pm.

For more information, please phone Hyacinth Smith, 263-8081.



■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

ON-LINE CATALOG

Search our collection from home or work at: <http://www.yokotalibrary.com/uhtbin/webzama/>

NEW MCNAUGHTON BOOKS

- The Language of God by Collins, Francis S. (Best-seller)
- Phantom by Goodkind, Terry (Best-seller)
- Ricochet by Brown, Sandra
- Danse Macabre by Hamilton, Laurell K.

- Sleeping with Fear by Hooper, Kay
- Outsider by Palmer, Diana
- Black Order by Rollins, James
- In the Dark of the Night by Saul, John
- Mockingbird by Shields, Charles J.
- The Ruins by Smith, Scott

NEW DVD

- The Awful Truth Comedy
- The Complete Monty Python's Flying Circus Comedy
- Born into Brothels ... Documentary

- I am a Promise Documentary
- The Chronicles of Narnia Children
- Children
- The Polar Express Children
- Curious George Children
- Japan's Longest Day (Japan) Drama
- Neon Genesis Evangelion (Japan) Anime
- Modern Times Classics
- City Lights Classics
- Breaker Morant War
- United 93 Drama

T

he 4H Arts and Crafts Program. Every Tuesday, starting at 3 pm, check out the 4H arts and crafts program. Each week there will be different projects for you and your friends to select based on your interest.

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

SKIING AND SNOWBOARDING AT ECHO VALLEY

3 February - Enjoy an exciting day of skiing and snowboarding in Echo Valley. The bus will depart the youth center at 5 am and return at 9 pm. The cost, \$45, includes free ski or snowboard rental, transportation and free instruction from a trained volunteer. Sign up at the Central Registration Office, Bldg 533, directly behind the PX, at least 10 days prior to the trip and receive your equipment for free.

STUDENTS RECYCLING USED TECHNOLOGY

9 - 10 February – StRUT is a program where students take donated computers and computer components and upgrade them. Then, they have a choice to take it home or donate it to someone else who needs a computer. The program is held 5:30 - 9 pm on 9 February and 1 - 9 pm on 10 February. Call Mr. Lawrence at 263-8573 for more information.

BLACK HISTORY MONTH Celebration



During the month of February the Zama Youth Center will be celebrating Black History Month. Every Monday, starting at 3 pm, there will be Black History trivia, soul food cooking, and a Black History film display.

For more information, call Mr. Chance at 263-4066.

MIDDLE SCHOOL WINTER BALL

17 February, the Zama Youth Center will be hosting the Middle School Winter Ball, "A Night to Remember", from 6:30 - 9:30 pm. Transportation will be provided from Sagami Depot at 5:15, SHA commissary, and Atsugi Theater at 6 pm. Tickets can be purchased from the middle school student council.

BGCA DIGITAL ARTS WEB DESIGN FESTIVAL

22 February, the Zama Youth Center will be hosting the BGCA Digital Arts Web Design Festival. Club members will create Web sites that tell the history of their local club.

SKI & SNOWBOARDING

Only \$45



Nozawa Ski Resort
19 February
Depart 4 am
Return 9 pm

The cost (\$45) includes free ski or snowboard rental, transportation and free instruction from a trained volunteer. Sign up at the Central Registration Office, Bldg 533, directly behind the PX at least 10 days prior to the trip and receive your equipment for free.

WEB SITE OR TO REACH TECH INSTRUCTOR MR. LAWRENCE

Mr. Lawrence	263-8573 / e-mail: techlab@zamayouthcenter.org
BGCA Digital Arts Movie Making	http://zamayouthcenter.org/techlab/moviemaking07.htm
CZAR Award	http://zamayouthcenter.org/techlab/CZARAwards07.htm
Friday Night Game Night	http://zamayouthcenter.org/techlab/gamenight.htm
Movie Making	http://zamayouthcenter.org/techlab/moviemaking07.htm
Logo Robotics Program	http://www.zamayouthcenter.org/techlab/robotics.html
Teen Tech Team	http://www.zamayouthcenter.org/clubs/techclub.htm
ZTN Zama Program	www.zamayouthcenter.org/ZTN

Sites may only contain two pages. A home page plus a linked supporting page. The judging will begin at 5:30 pm and the winner will be submitted to the regional contest in Washington State.

SIXTH GRADE HAPPENING

23 February - The monthly "6th Grade Happening" will be held from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

TECH CLUB ACTIVITIES

• Best Teen Tech Team

Join the best Teen Tech Team in the Army! Meetings are on Tuesdays, 3:30 - 5:30 pm, in the tech lab. Tech team members are involved in photo taking, manipulation, movie making, web designing and com-

munity projects concerning technology and much, much more.

• Lego Robotics Program.

Registered members who are in 6th thru 12th grades meet every Friday from 4:30 - 5:30 pm. The participants cooperate with adult mentors to create robots according to their own interest. The participants start by using preexisting instructions to build their robot,

followed by a programming and investigation session that defines the blueprints for the robot's performance. Contact Mr. Lawrence at 263-8573 for more information.

• ZTN Zama Teen News

Join us on our very own news show. Club members in grades 6 - 12 will meet on Wednesdays from 3:30 - 6 pm and learn how to film, edit and produce their own news show which will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, camera persons, editors, and producers. Youth may join at any time. Volunteers are needed to help make this program a success. Contact Mr. Lawrence at 263-8573 or e-mail: techlab@zamayouthcenter.org for more information.

CHILD & YOUTH SERVICE


Groundhog Job Shadow Day

Wednesday, 4 April 2007

at Camp Zama

Needs YOU to volunteer to host a 6th grade student from Armin Elementary School for a visit to your work site to tour, "shadow" an employee for at least two hours and to participate in workplace activities.

If you're interested please tell the School Liaison Office at 263-3241 or by e-mail at School.Liaison@zama.army.mil



SCHEDULE OF YOUTH SPORTS ACTIVITIES

Events	Registration Date	Event Date	Time	Age Group
Swim Team Season		13 Jan - 24 Mar	TBA	5-15
Hot-Shot Baseball	1 Jan - 13 Feb	28 Mar - 2 May	TBA	3-4
Baseball / T-Ball	1 Jan - 13 Feb	24 Mar - 12 May		3-4, 5-6, 7-8, 9-10, 11-12, 13-15, 9-11 Girls 12-15
Coach, pitch, baseball and two age divisions for all girls softball.				
In-line Hockey Season	1 Mar - 12 Apr	5 Mar - 16 Jun	TBA	7-10, 11-15
Dodge Ball *New Sport	1 Mar - 12 Apr	5 May - 16 Jun	TBA	7-10, 11-13, 14-18
Age groups may be modified based on skill level and participation.				

**Coach's meeting for baseball and softball is 24 February. Coaches must attend this meeting to coach. During the meeting coaches will receive equipment, rosters, and teams plus coaches certifications.

***For all the latest Youth Sports and Fitness information, please check our web site: zamayouthsports.org

• All registrations are taken at the Central Registration Office, Bldg #533. For more information, call 263-5437/3424/5991.

■ Paid Advertisements

“See the Bugle for the advertisement”.

•• UPCOMING EVENT ••

*"Tamagawa University
Performance"*

"FAME" The musical,
3 - 4 March at the Community
Cultural Center.

Time: TBA
For more information, call 263-8892.

NEW CLASSES

- *Polynesian Dance (four classes a month).*

\$35, Wednesday, 5 - 7 pm.

CLASSES

- *Hula Dance I and II (four classes a month).*

I (beginner): \$50
Tuesday, 5 - 6 pm.
II (intermediate): \$50

Thursday, 5 - 6 pm

- *Piano Lesson (four classes a month).*

¥6,500, Monday - Friday.

- *Violin Lesson (four classes a month).*

¥6,500, Tuesday or Thursday.

- *Koto Lesson (four classes a month).*

Adult: ¥8,000, Youth: ¥7,000,
Tuesday.



Michelle's Valentine Jewelry Sales

Camp Zama Community Club in the "Old Game Room"

Friday - Sunday, 2 - 4
February, 10 am - 6 pm.

Show her how much you care with a gift of fine jewelry.

For more information, please call 263-4547 / 3262.

Paid Advertisements

"See the Bugle for the advertisement".

T

he Camp Zama Community Club will be closed 19 February (President's Day).

Monday, 5 February, enjoy the big "Super Bowl Party" in the ballroom (doors open at 7 am).

■ Camp Zama Community Club

• 263-4133

ENTERTAINMENT

Hip Hop Music with DJ

Every Friday night in the Firelite Lounge, playing your favorite Hip Hop artist songs from 10 pm - 3 am. Please call 263-4547 for information.

Country Music with DJ

Every Saturday night, 10 pm - 2:30 am in the Firelite, playing your favorite country artist songs. Please call 263-4547 for information. On the 2nd and 4th Wednesday night enjoy free line dance instruction from 8 - 9:30 pm.

Latino Night

Saturday, 24 February, 8 pm - 2 am in the Firelite. "Live Latino Band" with DJ.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adult: \$12.95
Youth 8 - 12: \$4.95
Youth 4 - 7: \$2.50
3 and under: Free

Tuesday: (Vegetable of the Day and Rotisserie Chicken)

- 6 • Hot Roast Turkey Sandwich
- Katsu Don
- 13 • Beef Stroganoff w/Pilaf
- Katsu Don
- 20 • Chicken w/White Wine and Garlic
- Katsu Don
- 27 • Chicken Stroganoff w/Butter Rice
- Katsudon

Wednesday: (Vegetable of the Day and Rotisserie Chicken)

- 7 • Grilled Italian Sausage and Onion and Peppers
- 14 • Stuffed Cabbage Roll w/Tomato Sauce
- Chicken Don
- 21 • Baked Cajun Meat Loaf
- Chicken Don
- 28 • Pork and Onion Cutlet Skewer
- Chicken Don

Thursday: (Vegetable of the Day and Rotisserie Chicken)

CAMP ZAMA COMMUNITY CLUB



\$10,000.00 BINGO

Thursdays: Cards on sale: 6 pm
Early Bird Game: 6:45 pm
Regular Game Starts: 7 pm

Sundays: Cards on sale: 5 pm
Early Bird Game: 5:45 pm
Regular Game Starts: 6 pm

For more information, please call 263-4547.

- **Target Bingo:** Bingo within 54 numbers \$1,000 up and down Jackpot \$3,000 starting at 48 numbers and every Sunday will go up 1 number and go down \$100.
- **Progressive SR Jackpot:** \$10,000.00 starting with 48 numbers and every Sunday will go up 1 number.



USAR-J Camp Zama Community Club • Firelite Lounge

COMMUNITY NIGHT

Friday, 23 February
5 - 8 pm

Advance ticket: \$3.00
At the door: \$5.00

Enjoy great snacks and karaoke.

For more information, call 263-4547



Karaoke Contest

Friday, 2 February

Japanese, Korean and Filipino Karaoke are available.

continues through the year

Adults Only!

Sign up is from 7 - 7:30 pm, or the first 25 people (whichever comes first). Prizes for 1st, 2nd and 3rd place awarded.

For more information, please call 263-4547.

LUNCH

- 1 • Hamburger Steak w/Mushroom demiglaze
- Teriyaki Chicken
- 8 • Teriyaki Chicken Wrap Sandwich
- Pork Chop Suey
- 15 • Pork Cutlet w/Curry
- Fish w/Vegetable Ankake
- 22 • Pork Ginger
- Teriyaki Chicken
- Friday "Lunch Buffet"** (Vegetable of the Day) only \$6.95.
- 2 Black History Buffet (\$8.95)
11 am - 1 pm in the ballroom)
- 9 • Sweet Sour Pork
- Beef Broccoli
- Fried Egg Rolls
- Fried Rice
- Chinese Egg Drop Soup
- 16 • Baked Lasagna
- Garlic Bread
- Veal Parmesan w/Fettuccine
- Tortellini w/Alfredo Sauce
- Roasted Garlic Potatoes
- Minestrone Soup
- 23 • Beef Stew
- Fried Fish w/Tar Tar Sauce
- Hush Puppy
- Potato Au Gratin
- New England Clam Chowder Soup

DINNER MENU

Sunday

- Regular Menu
- 18 **3rd Sunday of each month**
- 2 for 1 Steak Night (Good for "Steak of the Night" only).
- Limited Menu

Monday - Closed

Tuesday

- Regular Menu
- 13 • Valentines Day Buffet

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Regular Menu
- 22 **Last Thursday of each month**
- "All You Can Eat Pasta, Pizza, Soup and Salad Bar"
- Adult: \$10.95

DINNER MENU

- 8 - 12: \$5.95
- 4 - 7: \$3.95
- 3 and under: Free
- Bingo Night (game starts 7 pm)
- Friday (Chef's Special)**
- Chef's Special)
- Regular Menu (5 - 9 pm)
- 9 Valentine Gourmet Dinner \$65 per person or \$120 couple. (6 pm in the ballroom)
- Saturday**
- Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi
- Our regular menu will be offered in addition to the above specials on Saturday night.



MONTHLY CUSTOMER APPRECIATION DRAWING:

The February prize is a "CZCC One Month Free Lunch Special" of \$6.95 (value \$140). This is not transferable. Guest will have their name printed on the back and cashier will check ID Card with card information

The March Prize is a Dinner Coupon for Hob Nob's "Monthly Family Night". Value up to \$60.

... Don't forget to put your receipt in the boxes located in MWR business facilities. ...



"Fantasy"

Thursday, 8 February, 8 - 10 pm
in the Firelite Lounge

SMOOOOOOOOOOOTH

Smooth. Say it soft and slow, because it's the word that defines Fantasy's sound. From their well-blended compilations of R&B, oldies and top 40 to their Motown roots, these East Coast musicians have perfected the rhythm and harmony of their beats.



**ARMED
FORCES
ENTERTAINMENT**

For more information, phone 263-4547

S

agami Lounge will offer Mongolian BBQ only on the 2nd and 4th Saturday of every month.

We will be closed on Monday, 5 February, to support the "Super Bowl Party" at the Zama Community Club.

February Activities

- Friday, 2 February, 8 pm, 70's and 80's Old School Music w/DJ
- Saturday, 3 February, 6 - 8 pm, Family Time Bowling
- Friday, 9 February, 8 pm, Country Music, w/DJ
- Friday, 16 February, 8pm, 70's and 80's Old School Music w/DJ
- Friday, 23 February, 8 pm, Country Music, w/DJ

■ Sagami Lounge • 268-4954/4847
Orders: 268-4142

LUNCHES

MONDAY

- 5 Closed
- 12 Hamburger Steak w/Cheese Mushroom Sauce
- 19 Closed
- 26 Soft Taco w/Turmeric Rice

TUESDAY

- 6 Chicken and Bean Enchiladas
- 13 All-U-Can Eat Mexican Buffet
- 20 Sweet and Sour Chicken
- 27 All-U-Can Eat Chinese Buffet

WEDNESDAY

- 7 Beef Stroganoff
- 14 Pork Saute w/Balsamic Sauce
- 21 Teriyaki Meat Balls
- 28 Lasagna w/Garlic Toast

THURSDAY

- 1 Baked Ham w/Pineapple Sauce
- 8 Hot and Spicy Baked Chicken
- 15 Lasagna w/Garlic Toast
- 22 Stir Fried Pork

FRIDAY

- 2 Seafood Platter
- 9 Fried Shrimp w/Curry Sauce
- 16 Seafood Macaroni Gratin
- 23 Polonese Salmon

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Japanese Dinner Special
- 27 Pizza and Pasta Dinner Special

WEDNESDAY NIGHT

Family night movies for adults and youth (7, 14, 21 and 28 February) regular dinner menu. Choose your discount.

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 1 French Dinner: Salmon Saute w/Clam Sauce
- 8 Chinese Dinner: Shrimp w/Chili Sauce
- 15 Italian Dinner: Beef Steak w/Balsamic Vinegar
- 22 Chef's Choice: Beef Tenderloin en Crout

FRIDAY NIGHT

- 2 Steak and Lobster Tail Set (\$25)
- 9 Steak and Crab Legs Set (\$25)
- 16 Steak and Shrimp Set (\$20)
- 23 Prime Rib Sinner Set (\$20)

SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 10 and 24 February. The best Mongolian BBQ in town!!!

- 3 Regular Dinner Menu
- 17 Regular Dinner Menu

Asian Buffet Night

Friday, 2 February, 5 - 9 pm

Adult: \$6.96 • Ages 4-12: \$4.95
\$1 more at the door

Salad Bar
Egg Drop Soup
Sushi / Inari roll
Fried Rice
Yakisoba
Stir Fried Vegetables
Fried Gyoza

S & S Pork
Fried Chicken
Bulgoki Beef Teriyaki
Teriyaki Chicken
Cake
Coconut Almond Gelatin
Coffee & Ico Tea

For more information, 267-6097



HOB NOB INN

(Located in the Sagami-hara Housing Area)

KARAOKE

Fridays 4:30 pm - 1 am
(adults only)

Visit Hob Nob Inn and check out the new large 42" flat screen television and karaoke machine. We have the equipment to make you look like movie stars and sound like professional singers.

HOURS OF OPERATION

Monday, Tuesday, and Thursday:
4:30 - 9 pm
Wednesday: 4:30 - 11 pm
Friday: 4:30 - 1 am

■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

• **King of the Hill Tournament**

Sunday, 4 February, 11 am - 5 pm

• **Valentine Handicap Doubles Tournament**

10 - 11 February. Entry fee is \$25 a pair. Enter as many times as you want. Check with the bowling center for the schedule.

• **Free Family Time Bowling**

14 February, bring your sweetheart.

• **Mardi Grass "Cosmic" Bowling Party**

24 February, 7 - 9 pm (all ages), 9 - 11 (adults only). Live DJ, door prizes, free snacks and lots of fun.

• **Free Bowling at Lunch Time**

Buy lunch and same day free bowling from 11:30 am - 1 pm, Monday thru Friday only (with lunch purchase of \$4.50 or more).

PRE-PAID BOWLING CARDS

Adult: 10 games for \$15

youth: 10 games for \$5 (a saving of \$2.50).

LUNCH SPECIALS

Check out our daily lunch specials Monday thru Thursday. Pick up a menu and calendar or call Emiko at 263-4780 to get on our e-mail list.

ATTENTION The entire Camp Zama MWR Bugle Monthly Activities Guide Magazine is now on your cell phone.

For Mobile Phone Access:

AU Phones: EZweb menu>>(Go way down to) English>>Global sites>>More...>>Nihon Now>>MWR

Softbank Phones: Menu list>>English>>Lifestyle & Info>>Japan>>Nihon Now>>MWR

Important MWR contact phone numbers are also on the website. You don't have to dial the number - just click on the phone number link to make a call.

In addition, Nihon Now also contains:

- Over 23,000 sentences in English and Japanese, sorted into over 500 categories. Every sentence is in English, Romaji, Kanji and Hiragana.
- An Events Guide to hundreds of event listing from all over Japan.
- A dictionary containing 108,000 words in English & Japanese including Kanji, Hiragana and Romaji.
- A Guidebook with useful phone numbers of services you may need while living in Japan.
- Conversion Calculators for length, area, weight, volume, temperature and mileage.
- A Currency converter allowing conversion to 21 currencies.
- and more....

The cost is 315 yen (include tax) per month. This fee appears on your monthly phone bill. You can subscribe or unsubscribe at any time. Call 263-4721 for more information....



NOVEMBER WINNER

Congratulations to Air Force Staff Sgt Bradley Franklin who won the November monthly MWR Business Division drawing. Debbie Guevarra, MWR Business Division Management Assistant, presents the lucky winner with a certificate for dinner for two at Eda's Seafood & Filet in the Camp Zama Community Club. Check the Community page for details on how to participate in the drawings.

P

rint shop,
screen printing and
heat transfer printing.
We have screen
printing and heat
transfer printing for
custom design t-
shirts, trucker caps,
mug cups, mouse
pads, and tiles and
aluminum plaques. We
carry heavyweight
100% cotton t-shirts.
We will special order
colors, size and style
of shirts based on
your request.

■ Arts and Crafts • 263-4412

Valentine's Day "Balloon Delivery Service"

Select your Valentine balloons at Arts and Crafts no later
than COB Sunday, 11 February



For more
information,
263-4412

Delivery fees:

Camp Zama, \$5
Sagamihara Housing Area, \$7
Sagami Depot, \$10

Delivery date and time
scheduled: Wednesday,
14 February, between
1 - 4 pm.

BLACK HISTORY MONTH

Ethnic Observance Program

Camp Zama Community Cultural Center, 23 February, 1530 - 1630

Hosted by: HHC, USAG-J



Guest Speaker: Mr. Eric Lampkin

Theme: From Slavery to Freedom: *"The Story of Africans in the Americas"*

POC: SSG China at 263-5855 or cleveland.l.china@us.army.mil

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am at Bldg 502 (bldg next to the Chapel parking lot).

Sundays, 10:45 am, CCD, Religious Education Center

1st Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

3rd Thursday, 6:30 pm, CWOC, Zama Chapel

PROTESTANT SERVICES

Sundays, 9:30 am, Adult Class, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months at Zama CDS Bldg 502 during the time of Sunday Services only.

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel
Wednesdays, 6:30 pm, Bible study (men, women and youth), Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service,

SHA Chapel

Sundays, 9 am, Children's Church, Sagamihara Chapel

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel

Fridays, 6:30 pm, Prayer, Sagamihara Chapel

SEVENTH DAY ADVENTIST SERVICES

1st Saturdays, 10 am, Joint Service, Traditional Chapel at Yokota AB.; contact Pastor Pae at 045-922-3218

JEWISH SERVICES

3rd Fridays, 6 pm, monthly Sabbath services and meals, Zama Chapel, contact Sharon Goodman at 267-6190.

ECKANKAR

An introduction to Eckankar, Religion of the Light and Sound, in the Religious Education Center. All are welcome. For more information, call Sue, 263-7858.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion, SHA Chapel, contact Mr. or Mrs. Fulford at 046-257-0613.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Sundays, 1 - 4 pm, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base East Gate

Tuesdays, 7 pm, Tuesday Night

Youth Service, 7 pm, SHA Chapel

Call Richard Smith, 263-6545, or Reid Maekawa, 263-7869.

THE CHURCH OF CHRIST

Sundays, 9:45 am, Worship, Atsugi Small Chapel

Wednesdays, 7 pm, Bible Study, Camp Zama #1076A

For more information, call 263-7924 or e-mail glandll@yahoo.com

ON GOING BIBLE STUDIES

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

Thursdays, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4242 or 267-6086.

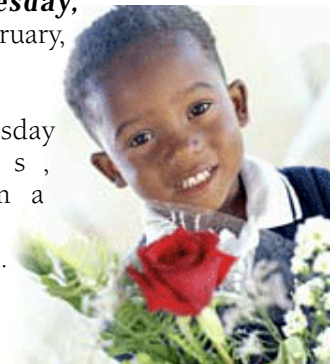
Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

CHAPEL ACTIVITIES IN FEBRUARY

Wednesday, 14 February, 5 - 8 pm, Marriage Renewal (Catholic), Zama Main Chapel.

Wednesday,

21 February, noon, Ash
Wednesday
M a s s ,
Z a m a
Main
Chapel.



COMING SOON!!!

"Card Swipe"

Thanks to a new convenient registration program in MWR, accurate customer counts at various MWR facilities are just a card swipe away...

After initial registration, each time customers go to a facility they will insert their ID card into a reader which will recognize the customer and keep track of facility usage.

The card swipe program will assist MWR in gathering data and the results will determine future budgeting for MWR programs and services.

"Card Swipe"... Watch for it...



E

SL Class.

English as a Second Language (ESL) classes will be held Mondays and Thursdays from 9:30 - 11:30 am throughout February and March. There is no charge for the class, and workbooks will be provided. Call 644-4743 to register.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE 644-4110

• Family Advocacy, 644-5919

The Family Advocacy Program goal is to promote healthy families. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715.

* Sexual Assault Response and Prevention Program, 644-4908
The Sexual Assault Response Coordinator (SARC) can be reached at 090-6861-6149 24 hours a day. Information about restricted and un-

restricted reporting of sexual assault can be obtained from the SARC.

* Exceptional Family Member Program, 644-4106

For general information or website information, please phone 644-4106 or email Mr. Boullion at: john.boullion@okinawa.army.mil.

• Relocation Readiness Assistance Program 644-4385

* Relocation Assistance

The Relocation Program assists Soldiers and their family members throughout their mobile military life-style. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

* Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

* Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

* Sponsorship Training

Army Family Action Plan, 644-4743

Issues may be submitted through unit delegates or sent directly to deborah.coubrough@okinawa.army.mil at any time throughout the year. Please let us know what your issues are so that we can work together to have a positive impact on quality of life for the Army on Okinawa.

The Annual Army Family Action Plan Conference will be held 13 - 15 February at the Education and Training Center on Torii Station. Anyone interested in being a delegate please phone 644-4743. Let's take this opportunity to work together to make a positive impact on the quality of life for our Soldiers, civilians, and family members!

ACS Advisory Council Meeting: The ACS Advisory Council will meet Tuesday, 13 March, 11:30 am - 1 pm in Bldg 236, ACS Conference Room. Interested community members are welcome to attend.



... CORAL COVE CLUB ...

Coral Cove Club, 644-4017

- All you can eat pasta bar: Every Tuesday, 4 - 10 pm, only \$5.95, in the Seaview Lounge. Two kinds of pasta, marinara and alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.
- Cappuccinos are available. Stop by the Coral Cove and try one of the three flavors.
- Free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

HOURS OF OPERATION

Monday - Friday:

Breakfast 0700 - 0900

Lunch 1100 - 1330

Dinner 1600 - 2100 (available in the Lounge)

Lounge:

Monday - Thursday 1600 - 2300

Friday - Saturday 1600 - 0100



Thursday, 15 February, 4 pm

Take five dedicated musicians, add smoothed out R&B, the hot sounds of Motown, along with top 40 and Beach, mix it with breath taking vocals and a groove that's all their own, and you have the band known as "Fantasy".



Learn to be an efficient and effective sponsor. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units.

• **Outreach / IVC Programs**
644-4116

* IVC Program

The Community Program / IVC is designed to support families of deployed Soldiers in job search information and resume writing and interview skills. Monthly cultural tours and holiday programs are planned. There are numerous volunteer positions that offer great networking opportunities for future jobs. These programs offer incentives for those of deployed Soldiers to ease the deployment stress. We are here to make your experiences more enjoyable and memorable!!!

* Baby Bundles

To help welcome the new little Soldiers into the world, ACS offers a free gift to all expectant Soldiers and / or family members, regardless of rank. If you are expecting, or recently had a baby, please come by to pick up your free baby bundle today.

* Free Childcare

PCS Childcare: 10 free hours if the Soldier's spouse attends the Newcomer's Briefing.

Deployment: 10 free hours per month for as long as the Soldier is deployed.

Reunion: 16 free hours after the Soldier returns from deployment. Deployment must be longer than 30 days; no schools. These programs are open to children who are registered at any CDC.

* Free Oil Change

ACS provides free oil change and vehicle lubrication to spouses of deployed Soldiers. If the Soldier is deployed longer than 30 days please bring in your orders to pick up your voucher. You are entitled to one voucher per six month.

* Deployment Packets

ACS offers deployment packets to

TORII STATION

NEWCOMER'S ORIENTATION

(Installation and local community information).

Monday, 5 February, 8:30 am - 4:30 pm

Education Center

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

"See the Bugle for the advertisement".

spouses of deployed Soldiers. The packets contain information that can help you cope with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

* Employment Assistance

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa.

• **Financial Readiness Program**
644-4378

* FSSA (Family Subsistence Supplemental Allowance)

FSSA was created by Congress to address the problem of service mem-

bers having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.

* Consumer Affairs Program

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred at the hands of an insurance agent, financial planner, sales personnel or others. If you fall into this category, please contact the Financial Readiness Program Manager at 644-4378 for assistance.

• **Army Family Team Building, 644-4743**


If you are looking for something to

Army On Okinawa

Intramural Basketball League

9 February - 14 April

6 - 8 pm



- Application Deadline: Tuesday, 6 February
- Organization Meeting: Friday, 9 February, 2 pm
- Pick up an application at the Torii Physical Fitness Center

Participation in team sports is an excellent training opportunity that helps build unit cohesion.

Payday Golf Scramble

Friday, 2 February, 7 am (check in 6 am)

Banyan Tree Golf Course

For more information, 644-4334 or e-mail james.perry@okinawa.army.mil

■ Torii Station, Okinawa MWR Activities • 644-4270

do, and want to get involved in your Army community, make new friends and take advantage of some great volunteer opportunities, come by and get acquainted with our AFTB program on Torii Station at ACS. We offer great training, lots of job experience to add to your resume with our volunteer positions, and some fun and exciting activities for spouses that will help make being part of the Army Family a happy and enriching time. Call 644-4743 for more information.

Spouse trips for AFTB volunteers are scheduled once a month, and spouse cooking classes are also held once a month on Torii Station.

ARTS AND CRAFTS CENTER 644-4303

HOURS OF OPERATION:

Mon, Thu - Fri: noon - 8 pm

Sat - Sun: 9 am - 5 pm

Tue, Wed and holidays: Closed

* Classes and Services

Framing and matting classes are offered, plus the wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

HOURS OF OPERATION:

Tuesday - Saturday: 10 am - 7 pm

Come check out our new selection of TV series. From the Sopra-

nos to Lost, you can catch up on the shows you missed while away. With new movies and music every month, there's always something worth seeing at our Library!

SCUBA LOCKER, 644-4290.

The weather is cooling off, but we are still running dive classes. It is also a good time of year to get your gear serviced. We offer PADI, NAUI, and GUE courses. The Scuba Locker is well stocked with everything you need to enjoy Okinawa's underwater world. Dive with a Whale Shark.

HOURS OF OPERATION (winter)

Thu - Mon: 8 am - 5 pm

The Scuba Locker offers free air fills to all ID card holders?

AUTO CRAFT CENTER 644-5612

The Auto Skills Center and its staff of professionally trained mechanics offer a wide range of services at very reasonable prices.

HOURS OF OPERATION:

Tue and Wed, CLOSED

Thu, Fri, Mon, 11 am - 8 pm

Sat and Sun, 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

* Safety Orientation:

The Safety Orientation is held daily and is required before using the Auto

Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

* Auto Inspection

We cannot do the actual inspection, but our staff can help you get ready through a pre inspection service.

* Film Service

Protect your interior from the destructive UV rays and make your driving more enjoyable with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required. Please check with our staff.

* Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.

Indoor typhoon parking:

\$10 (\$5 motorcycle)

TDY parking:

\$20 (TDY orders required)

Other than typhoon and TDY:

Indoor, \$10 per night

Outdoor, 5 Days \$20

Towing service (check with our staff).

OUTDOOR RECREATION 644-4698

HOURS OF OPERATION (winter):

Open 7 days a week, 8 am - 5 pm

* Make reservations to use facilities at the Beach Office, Bldg T301.

Pavilions (BBQ grill is included)

Small: \$25 • Medium: \$30

Large: \$40

* Torii Beach south camping area for only \$5 for a camp site in the South (family) camping area. Cost includes a BBQ grill.

* Bicycle rental

\$6 a day. Explore Torii Beach.

* Torii Turtle Theater

Every Friday and Saturday (weather permitting).

Curtain time: after sunset.

Free movies are showing at Torii Beach. Look for the schedule on the "Beach Information Board".

* Rental Costume Service

\$20 - \$50 per day, 10 am - 9 am.

Easter Bunny, Mr. and Mrs. Santa, Superman, Batman, Jester.



TORII BEACH CABIN

\$50 a night

Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD players and BBQ grill. Visit Torii Beach Office, Bldg T301 to check in/out. Check in time is 3 - 5 pm. Check out times is 11 am. For more information, 644-4659.

■ Outdoor Rec. & Local Tours • 263-4671

FEBRUARY TOURS & EVENTS

- *Ice Skating at Fuchinobe Park*
Friday, 2 February
Depart: 1 pm • Return: 6 pm
- *Icicle Valley Trek & Soak*
Saturday, 3 February
Depart: 4:30 am • Return: 9:30 pm
- *Setsubun Matsuri in Asakusa*
Saturday, 3 February
Depart: 10:30 am • Return: 7:30 pm
- *Grinpa Land*
Saturday, 3 February
Depart: 7:30 am • Return: 6:30 pm
- *Sumo Tournament*
Sunday, 4 February
Depart: 9 am • Return: 7:30 pm
- *Ski/Snowboard Overnight at Naeba*
Sunday-Monday, 4-5 February
Depart: 4 am (Sunday)
Return: 9 pm (Monday)
- *Ice Skating at Fujikyū & Fujiyama Onsen*
Monday, 5 February
Depart: 6:30 am • Return: 6:30 pm
- *Fujisawa Shonandai Cultural Center*
Friday, 9 February
Depart: 8:30 am • Return: 5:30 pm
- *Ski/Snowboard & Soak for Beginners*
Saturday, 10 February

- Depart: 4:30 am • Return: 8 pm
- *Deep Sea Fishing*
Saturday, 10 February
Depart: TBA • Return: TBA
- *Ski/Snowboard Trip to Tanbara*
Sunday, 11 February
Depart: 4 am • Return: 9 pm
- *Valentine Dinner Cruise in Yokohama*
Wednesday, 14 February
Depart: 5:15 pm • Return: 10:30 pm
- *Ukai Music Forest, Fujiyama Museum & Lunch*
Friday, 16 February
Depart: 6:30 am • Return: 6:30 pm
- *Hello Kitty Land*
Saturday, 17 February
Depart: 9 am • Return: 6 pm
- *Yamanashi Area Excursion*
Saturday, 17 February
Depart: 7 am • Return: 7 pm
- *Chinese New Year Celebration in Yokohama Chinatown*
Sunday, 18 February
Depart: 2 pm • Return: 9 pm
- *Ski/Snowboard Overnight at Naeba*
Sunday-Monday, 18-19 February
Depart: 4 am (Sunday)
Return: 9 pm (Sunday)
- *Hakone Yunessan Hot Spa*

- Monday, 19 February
Depart: 7 am • Return: 5:30 pm
- *Ski/Snowboard Trip to Iwappara*
Saturday, 24 February
Depart: 4 am • Return: 9 pm
- *Snow Shoe & Soak for Beginners*
Saturday, 24 February
Depart: 5 am • Return: 9 pm
- *Discover Scuba*
Sunday, 25 February
Starts: 9 am • Finish: 12:30 pm
- *Sledding at Hakone Park*
Sunday, 25 February
Depart: 8 am • Return: 5 pm
- *Tokyo Orchid Show*
Sunday, 25 February
Depart: 8:30 am • Return: 4:30 pm



**Better Opportunity for
Single Service Member**

MEETINGS

- **Tuesday, 13 February**
- **Tuesday, 27 February**

**All meetings are at 2 pm at the CCC.*

Z A M A I T T

Spring Escapade tours be available for sign-up now.

SPARKLING FUN TOURS

NOW ON SALE

- Best of China • Exotic Thailand
- Classic Vietnam • Cambodia Discovery
- Best of Asia • Highlights of Northern India
- Discover Tibet • Cairns Adventure
- Sydney and Ayers Rock Adventure

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- Commercial PHONE (046) 254-8896
- E-Mail travel@zamaitt.com

- Military FAX 263-7507
- Commercial FAX (046) 255-0356
- Website <http://zamaitt.com>



Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

- **Army Community Services** 263-8327
Mon, Tue, Thu, Fri 0700-1700
Wed 0700-1500

ZAMA Golf Club

- **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-4224

(All the following golf activities are open during lunch).
Course/Starter 263-4975

Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665

Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700

Pro Shop 263-5284

Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)

Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200

Chip Inn & Snack Stand 263-5834

Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452 263-7935

- **BOWLING CENTER ZAMA** 263-4780

Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

- **BOWLING CENTER DEPOT** 268-4954/4606

Tue - Sat 1100-2000
Sun - Mon Closed

- **ZAMA COMMUNITY CLUB** 263-4133

Lunch

Tue-Thu 1045-1315
Sunday Brunch 1000-1330

Cashier & Game Rooms

Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204

Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto

Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300

No food serviced after 2200 hours

Cornerstone Game Room (no bar)

Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge

Sun-Tue & Wed Closed
Thu 1700-2300
Fri 1800-0300
Sat 1900-0230

USA Dining Room

Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

- **HOB NOB INN** 267-6097

Lounge & Game Room

Mon, Tue-Thu 1630 - 2100
Wed 1630 - 2300
Fri, Sat 1630 - 0100
Sat 1900 - 0100
Sun Closed

Restaurant (Closed)

- **SAGAMI LOUNGE** 268-4954

Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-5614
- **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch

- **AUTO CRAFTS SHOP** 263-3615

Sun-Mon Closed
Tue-Fri 1300-2100
Sat 1000-1800
Open during lunch

- **COMMUNITY CULTURAL CTR** 263-3939

Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

- **INTERNATIONAL TOURS** 263-5273

Mon-Fri 1000-1800
Open during lunch

LIBRARY

Zama 263-3517

Mon-Thu 1000-2030
Fri- Sun & Hol 1000-1800
Open during lunch
U.S. Holidays Closed

Depot 268-4523

Tue-Thu 1000-1800
Fri & Sat 0900-1700
Sat, Mon & Hol Closed
Open during lunch

Sagamihara 267-6603

Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

- **OUTDOOR RECREATION** 263-4671

Vehicle/Equipment Rental & Local Tours

Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270

Kure Lodging 256-2580

- **POOLS** 263-5656

YANO 263-5037

Mon-Fri 0530-1900
Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122

Mon-Tue & Fri 1200-1800
Sat-Sun 1100-1800
Wed-Thu Closed

- **DEPOT (Closed)**

- **SPORTS/FITNESS CENTER** 263-4664

Zama 263-3954

Mon-Fri 0530-2030
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762

Mon-Sun Open 24 hrs

Depot 268-4729

Mon-Fri 0930-1830
Sat-Sun 1000-1800
Holiday 1000-1800

Support Services Division

- **DIRECTOR** 263-5701
- **ADMINISTRATIVE OFFICE**

Child and Youth Service Branch

- **CHILD & YS COORDINATOR** 263-8086

(All the following CDC facilities are open during lunch.)

Central Registration Office 263-4125 263-4743

Mon-Fri 0830-1730

Depot Dev Group Home 268-4625

Sunday only 1300-1500

Family Child Caree 263-3397

Sagamihara CDC 267-6564

Mon-Fri 0530-1800

Zama CDC 263-4992

Mon-Fri 0530-1800

YOUTH SERVICES

Depot Youth Center 268-4625

Zama Youth Center 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1200-2200

Sun 1400-1800

School Age Services (SHA) 267-6317

Mon-Fri 0630-1800

Youth Sports 263-5437

Mon-Sat 0900-1800

Open during lunch

School Liaison Office 263-3241

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293

Reservation Desk 263-2775

Front Desk 263-3830

Open 24 hours/7 days a week

USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396

- **ARMY COMMUNITY SERVICE**

Director 644-4110

Receptionist 644-4175

Relocation Coordinator 644-4385

Outreach/Volunteer Coordinator 644-4116

Finance/Consumer Affairs/AER 644-4378

School Liaison Officer 644-4908

Family Advocacy 644-4106

AF TB / AFAP Manager 644-4743

- **ARTS & CRAFT CENTER** 644-4303

Lobby 644-4706

- **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4894

Lounge 644-4306

Cashier Cage 644-4426

- **LIBRARY** 644-4468

Staff Room 644-5335

- **MARKETING** 644-4703

Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

- **MOVIE THEATER** 644-4381

- **SPORTS/OUTDOOR REC** 644-4144

Customer Svc/Pavilion Rental 644-4334

Sports Specialist 644-4797

Event Coordinator 644-4169

Swimming Pool 644-4389

Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Parks, Picnic & Beach 644-4698

Kure Harbor Club

- **MWR Office** 256-2580

256-2581

0800-1630

- **Outdoor Recreation** 256-2575

0900/1700

- **Dining Room**

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

- **Bar**

Mon 1630-2000

Tue-Sat 1630-2200

- **PX / CLASS 6**

Mon-Fri 0900-1730

Sat 1130-1530



Valentines Day Buffet

USA Dining Room, Tuesday, 13 February, 5 - 9 pm

Family Night Special

Two dinners for only \$10

"Modified menu will be offered on Tuesday nights. No take out of the Tuesday Family Night Special".

This "Special" is offered the 2nd Tuesday of the month.

••• For more information, 263-4133/4547 •••

BLACK HISTORY MONTH

LUNCH BUFFET

Friday, 2 February
11 am - 1 pm

Advance ticket: \$8.95
at the door \$2 more

(Advance tickets are available at the Cashier's window)

For more information, phone 263-4547

Soup
Chicken Sausage Gumbo Soup
Salad
Tossed Green Salad
Cole Slaw
Entree
Southern Fried Chicken
Pepper Smoked Brisket w/Barbon Sauce
Black Eye Peas w/Ham Hocks
Collard Greens
Black Beans and Rice
Jalapeno Corn Muffin and Butter
Dessert
Pecan Pie
Peach Cobbler



Zama Community Club • 5 FEB '07 (Mon) • Doors Open at 7 am – Kickoff at 8:15 am

AFE presents



**ARMED
FORCES
ENTERTAINMENT™**



**SPECIAL APPEARANCE BY THE
"TAMPA BAY BUCCANEER"
CHEERLEADERS**

"ADULTS ONLY"

SUPER BOWL PARTY XLI

IT'S ALL FREE including a fantastic breakfast buffet and delicious mid-morning snacks courtesy of the Camp Zama Community Club.

"COME EARLY"!!! FOUR (4) DOOR PRIZES WILL BE GIVEN AWAY PRIOR TO KICKOFF.

**** The entertaining **"TAMPA BAY BUCCANEER CHEERLEADERS"** will dance prior to kickoff and also at halftime. **BRING YOUR CAMERA**----the cheerleaders will be autographing their pictures and will also be available for photos.

SPECIAL DRAWING FOR MILITARY PERSONNEL

**** Two drawings will be held for a "King" or "Queen" of the 2nd & 4th quarters. Each winner will sit with the cheerleaders as their "Special Guest" for the quarter and receive five(5) special prizes.**

PLUS, WIN GREAT DOOR PRIZES:

- * Two airline tickets to Hawaii (courtesy of United Airlines)
- * AAFES Gift Certificates (courtesy of Softbank Telecom, USA Federal Credit Union and the Camp Zama Exchange)
- * NBA merchandise (courtesy of NBA Japan)
- * Two IPODS and FREE non-alcoholic beverages (courtesy of DYDO)
- * 32" high definition, flat screen TV (courtesy of Budweiser)
- * NASCAR jackets (courtesy of Exchange New Car Sales)
- * Golf merchandise (courtesy of Cleveland Golf, Asia and Suzuko Golf Center)
- * Food coupons from TGI Friday's and Outback Steakhouse

**** Two drawings for a pair of tickets to the 2007 NFL game between the Seattle Seahawks and the New England Patriots in BEIJING, CHINA (game is 8 Aug 07).**

For additional information, please phone 263-5995

"See the Bugle for the advertisement".